

Bethlehem Counseling Associates

Presents

Accelerated Emotion and Trauma Release Techniques

Understanding the Mind / Body Connection for healing Mental Health & Psychosomatic Conditions

Craig Miller, MS, LMSW

Saturday October 12, 2019

8:15am-3:30pm (Doors open at 7:45)

Place to be determined...(Allentown or Bethlehem, PA)

Target Audience

This seminar is offered to Mental Health Professionals, Psychologists, Licensed Clinical Social Workers, Professional Counselors, Marriage and Family Therapists, Addiction Counselors, and Secular and Faith-Based Counselors who are actively involved in providing counseling and therapy to the general population. The material is meant for advanced training purposes.

Cost and Continuing Education

Tuition for this seminar is \$89 per individual. The cost is \$79 for groups of three (3) or more who pre-register together. A certificate of attendance and six (6) continuing education credits will be awarded upon full completion of seminar and submission of the program evaluation. Bethlehem Counseling Associates is an approved continuing education sponsor through the American Psychological Association, and therefore PA State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors approves this training. Please make check payable to "BCA" and mail it along with your registration form(s) to BCA at 2045 Westgate Drive, Suite 304 Bethlehem, PA 18017. You may also register over the phone and pay with Visa or MasterCard by calling BCA at 610-865-8177. You may email that registration form to kimberlywoodling@gmail.com.

Program Description

This seminar will provide information on the emotional connection to mind/body conditions and advance techniques to rapidly identify and release suppressed emotion and trauma that creates maladaptive behavior, negative cognition/emotion, and psychosomatic illnesses. You will learn rapid release and healing techniques for restoring appropriate cognitive thinking and emotions, adaptive behaviors, and the healing or resolving of mind/body functions and physical conditions.

Outline of Topics to be Covered

- Rapid release & healing techniques for related conditions with: Trauma, Anxiety, Personality Disorders, Depression, Psychosomatic Illnesses
- How suppressed emotions affects mental and physical conditions
- Recognize mind/body connections to mental and psychosomatic conditions
- How to identify the origin of suppressed emotion to expedite symptom release
- Identify the emotional connection to psychosomatic conditions
- How to identify and release the original trauma that blocks healing
- Methods for client to experience safety, trust, confidence and choice with own healing
- Live demonstration of rapid release and healing techniques with participants.

Following the presentation participants will:

1. learn the emotional connection to mind / body conditions
2. learn strategies to quickly identify the origin of symptoms.
3. utilize techniques to release emotional, physical, mental, and cellular trauma
4. apply strategies to identifying and release root trauma that blocks healing
5. learn methods to shift ability to experience safety, trust, confidence, and choice
6. demonstrate healing techniques for prompt emotional and physical healing.

References

Sheldon Cohen PhD, Denise Janicki-Deverts PhD, Gregory E. Miller PhD, "Psychological Stress and Disease," JAMA, October 10, 2007, 1685, <https://jamanetwork.com/journals/jama/article-abstract/209083?redirect=true> (accessed April 30, 2018).

DeSteno, D., Gross, J. J., & Kubzansky, L. (2013). Affective science and health: The importance of emotion and emotion regulation. *Health Psychology, 32*(5), 474-486.

Wendy D'Andrea, Ritu Sharma, Amanda D. Zelechowski, and Joseph Spinazzola, *Physical Health Problems After Single Trauma Exposure: When Stress Takes Root in the Body*, Journal of the American Psychiatric Nurses Association 17(6) 378–392.

Wayne Katon, MD; Mark Sullivan, MD, PhD; Ed Walker, MD, *Medical Symptoms without Identified Pathology: Relationship to Psychiatric Disorders, Childhood and Adult Trauma, and Personality Traits*, Annals of Internal Medicine 2001;134(9_part_2):917-925.

Joel Yager, MD, reviewing Sareen J et al. *Patients with PTSD are at high risk for numerous medical illnesses*. *Psychosomatic Medicine Journal*, 2007 Apr; 69:242-8.

Presenter Information



Craig Miller, MS, LMSW, ACSW has been counseling for 39 years with individuals, families, and couples in both medical and mental health settings and specializes in emotional, mental, physical, trauma release and healing. Craig identifies the root causes that block the release for healing emotional, mental, physical conditions, and broken relationships. He counsels and teaches through private practice, TV, radio, national speaking, healing services, and is the author of several books/CD/DVD, such as: *Breaking Emotional Barriers to Healing*, *Declaring Your Worth*, *Finding Victory When Healing Doesn't Happen*, *When Feeling Doesn't Come Easy*, *When Your Mate is Emotionally Unavailable*. He served as a social worker at Harper Hospital in Detroit, MI., Director of Social Work at Herrick Hospital in Tecumseh, MI. and currently the co-founder and therapist with MASTERPEACE Counseling Center in Tecumseh, MI (www.mpccd.com). He is the Clinical Director for the Lenawee County Critical Stress Debriefing Management Team, former seminar speaker for PESI and Cross-Country Education, and holds a MSW from Michigan State University and a Master's degree in Health Services Administration from University of Detroit. Multiple listings in Who's Who in Executives and Professionals.

Contact Information for the Presenter

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Contact Information for the Sponsor

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Registration Form: Accelerated Emotion & Trauma Release Techniques

by Craig Miller, MS, LMSW, ACSW

Date: Saturday October 12, 2019

Time: 7:45 Registration Begins. Seminar: 8:15-3:40 / Lunch break from 11:30-12:30

Location: Specific location to be determined, in Allentown or Bethlehem, PA

Name: _____

Profession: _____

Employer Name: _____

Employer Address: _____

Home / Cell Ph: _____

Email Address: _____

(email address will be used to notify participants of specific location for seminar and confirm registration)

Indicate Method of Payment: (All registrants must be prepaid)

___ Individual Registration \$89 ___ Group of three (3) or more registering together \$79 ea

___ Check enclosed payable to Bethlehem Counseling Associates or "BCA"

___ MasterCard # _____ Card Exp: _____ V-Code#: _____

___ Visa Card # _____ Card Exp: _____ V-Code#: _____

Signature: _____

Mail this registration form to:

Bethlehem Counseling Associates

2045 Westgate Drive | Suite 304

Bethlehem, PA 18017

**You may also phone in your registration information to Bethlehem Counseling Associates: 610-865-8177.
Please indicate that you are registering for the "Accelerated Emotion & Trauma Release Techniques Seminar."